



# GATHERING OF NATIVE AMERICANS (GONA) Healing and Wellness in the Time of COVID19 Oregon 2SLGBTQ+

## December 11 - 12, 2020

The Gathering of Native Americans (GONA) is a model that hundreds of tribal and urban communities have used to help people heal and learn strategies to live in balance. COVID has created a lot of uncertainty, fear, anxiety and grief. This virtual gathering is intended to create space to help participants connect, get to know each other better, laugh, visit and learn! Facilitators will lead you through an uplifting process and leave you with tools for your healing and well-being.

Registration is FREE. Door prizes will be offered!

### Link to join

[www.Zoom.us](https://www.zoom.us)  
Meeting ID  
845 1909 6853  
Passcode  
573900

### Schedule

December 11th  
6:00 pm to 8:00 pm  
  
December 12th  
1:00 pm to 3:00 pm  
4:00 pm to 6:00 pm



**LORI**  
New Breast



**MICK**  
Rose



**ASA**  
Wright

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